

CAPSI Meeting
April 27, 2020
Online via Zoom

Senior Representative	TJ Dhadiyal	P	IT Officer	Isabella Di Trocchio	P
Junior Representative	Celia Ma	P	Community Education Coordinator	Ria Garg	P
Secretary	Sandeep Padam	P	IPSF Liaisons	Amanda Sambrielaz	P
				Ting Cheng	P
Treasurer	Louise Araújo	P	4th Year Representatives	Brittany Buffone	P
Vice-Treasurer	Shirley Li	P	3rd Year Representative	Jenny Chen	P
Sponsorship Coordinator	Amy Jradi	P	2nd Year Representative	Val Carvalho	L
Fundraiser	Lily Zhang	L	1st Year Representative	TBD	N/A
	Emily Wong	P		TBD	N/A
Advocacy	Manrubby Dhillon	L	Faculty Advisors	Dr. Kathy Seto	A
				Paulo Tchen	A

P – Present, A – Absent, R – Regrets, L – Late

1. Call to order at 2:33 PM: motioned by C. Ma, seconded by B. Buffone

2. Standing Business

2.1. Motion to adopt the minutes from April 9, 2020: motioned J. Chen, seconded by R. Garg

2.2. University of Montreal Mental Health Activity Report (TJ. Dhadiyal)

2.2.1. Summary from last meeting:

- 2.2.1.1. UdeM CAPSI Senior (Derek) shared a document outlining mental health initiatives implemented at UdeM's pharmacy faculty over the past 2 years
- 2.2.1.2. Council feedback: interested in implementing some of these activities

2.2.2. Today's Discussion:

2.2.2.1. Articles about Sleep Hygiene:

- Advocacy committee already has a sleep clinic protocol created (their PAM booth was cancelled due to COVID-19)

2.2.2.2. Mental Health Week:

- Host activities each day of the week: Bell Let's Talk (in Jan), QPR training, PositiviTea/Refreshments, collaborate with PHUS and their Wall of Wellness

2.2.2.3. PharmaSports:

- PHUS/Kappa Psi have sports reps; no CAPSI executives interested in being a sports rep
- Drawbacks of UBC facilities: waivers, fees, far away from the pharmacy building
- Could implement informal basketball, frisbee, or outdoor soccer drop ins, as well as salsa classes -> Jenny could teach salsa

2.2.2.4. Study-O-Thon Sessions:

- Study sessions held in IA rooms after class on Mondays and Wednesdays (all years are on campus), available to all year students (everyone can help each other out)

- Do a trial run to determine interest:
 - If lots of interest, could make it a CAPSI member benefit to recruit more members
 - If small amount of interest, could make it available to everyone
 - If providing food, it should be a CAPSI member benefit due to cost concerns

2.2.2.5. Yoga Classes:

- Instructors cost around \$40 per session which is why we need to charge some sort of fee
- Could make it free for CAPSI members and charge a fee for non-members
- Could find an official instructor for pharmacy (Ria's contact from pharmacy graduate society)

2.2.2.6. Stress-O-Meter Surveys:

- Regular surveys to keep track of student stress levels
- Could do a monthly trial run as part of the mental health week

2.2.2.7. **ACTION:** TJ and Celia will review all of the initiatives, make a final list, consult with Lousie (budget considerations), and executives can choose an initiative to lead at the next meeting

[2:37 PM M. Dhillon, L. Zhang, and V. Carvalho joined the meeting]

[3:05 PM Everyone re-entered the Zoom meeting due to time restrictions]

2.3. National Community Oncology Dispensing Association (C. Ma)

2.3.1. Summary from last meeting:

- 2.3.1.1. NCODA is a non-profit organization in the USA that provides resources for students interested in oncology pharmacy and would like to collaborate with UBC CAPSI
- 2.3.1.2. Council feedback: expressed concerns about collaboration

2.3.2. Today's Discussion:

- 2.3.2.1. Concerns about collaboration: unknown benefit to CAPSI, too much work for executives, possible conflicts of interest
- 2.3.2.2. Could always host Canadian specific talks on our own or consult with PHUS if someone wants to start a new oncology club and take on the initiative in the future
- 2.3.2.3. Decision: Motion to not pursue NCODA partnership: motioned by J. Chen, seconded by B. Buffone

2.4. Increasing CAPSI Membership (TJ. Dhadial)

2.4.1. Summary from last meeting:

- Recruit more members by contacting GPA executives and asking for an event booth

2.4.2. Today's Discussion:

- Motion to table this topic for next meeting: motioned by S. Padam, seconded V. Carvalho

3. New Business

3.1. Contacting the Pharmacy Examining Board of Canada (PEBC) about student concerns (M. Dhillon)

- 3.1.1. 4th year students have sent letters to PEBC expressing concerns about exams pushed to November
- 3.1.2. PEBC may reach out to CAPSI regarding student concerns or we could pro actively look into this issue

3.1.3. Decision: Motion to wait for PEBC to reach out to CAPSI first: motioned by M. Dhillon, seconded by R. Garg

3.2. COVID - 19 youtube videos from UBC Medicine Educational Media Team and UBC Med students (C. Ma)

3.2.1. **ACTION**: Isabella to post their videos on the CAPSI Fb page

3.2.2. **ACTION**: TJ to connect Ria and Rubby with the UBC Med contact

3.2.3. Potential for collaboration: CAPSI can share our content on their twitter page

Roundtable

Position	Update/Announcements
Senior Representative	<ul style="list-style-type: none"> ACTION: Reminder to executives to fill out the contact form in the google drive at your earliest convenience (Shirley, Ting, Val) Rules for Meeting Attendance: <ul style="list-style-type: none"> ACTION: Members who are unable to attend a meeting are asked to please read the minutes within 2 days of when they are emailed out This is to ensure that all action items are addressed and topics can be submitted timely for the following meeting agenda Please notify TJ, Celia or Sandeep (via Fb group message) once you have read the minutes Bugs and Drugs App: <ul style="list-style-type: none"> CAPSI National has notified us that the Bugs and Drugs 2.0 app is free for the next three months and there is a subscription after that ACTION: Isabella to post about it on the CAPSI Fb Page and executives to let your friends and pharmacists know
Junior Representative	<ul style="list-style-type: none"> UofA Professional Identity Survey for research <ul style="list-style-type: none"> ACTION: Executives please complete the survey within 1 - 2 weeks ACTION: Celia to share the survey in our Fb messenger group ACTION: Isabella to share the survey in CAPSI's email newsletter and on the CAPSI Fb page CAPSI Notebook Decoration Contest <ul style="list-style-type: none"> Deadline is May 15th and there is a \$50 gift card prize ACTION: Isabella to share the application in CAPSI's email newsletter and on the CAPSI Fb page
Secretary	<ul style="list-style-type: none"> NTR
Treasurer	<ul style="list-style-type: none"> NTR
Vice-Treasurer	<ul style="list-style-type: none"> NTR
Sponsorship	<ul style="list-style-type: none"> NTR
Fundraising	<ul style="list-style-type: none"> NTR
IT Officer	<ul style="list-style-type: none"> NTR
Community Outreach	<ul style="list-style-type: none"> Vice coordinator has been chosen: Elizabeth Yang (2nd year)
IPSF Liaisons	<ul style="list-style-type: none"> NTR
Advocacy	<ul style="list-style-type: none"> Application for vice coordinator is open until Friday May 1st

	<ul style="list-style-type: none"> ACTION: Isabella to share the application in CAPSI's email newsletter and on the CAPSI Fb page
4 th Year Representatives	<ul style="list-style-type: none"> NTR
3 rd Year Representative	<ul style="list-style-type: none"> NTR
2 nd Year Representative	<ul style="list-style-type: none"> NTR
1 st Year Representative	<ul style="list-style-type: none"> N/A
Faculty Advisors	<ul style="list-style-type: none"> Absent

4. Reimbursements

- Status about PDW reimbursements (contact Mary?)
 - No concerns about PDW reimbursements

5. Payments

6. Adjournment at 3:37 PM: motioned by J. Chen, seconded by I Di. Trocchio