



CAPSI Meeting
December 18 2020 12:00 - 1:00 PM PST
Online via Zoom

Senior Representative	TJ Dhadial	P	IT Officer	Isabella Di Trocchio	R
Junior Representative	Celia Ma	P	Community Education Coordinator	Ria Garg	A
Secretary	Sandeep Padam	R	IPSF Liaisons	Amanda Sambrielaz	L
				Ting Cheng	P
Treasurer	Louise Araújo	L	4th Year Representatives	Brittany Buffone	P
Vice-Treasurer	Shirley Li	P	3rd Year Representative	Jenny Chen	P
Sponsorship Coordinator	Amy Jradi	P	2nd Year Representative	Val Carvalho	P
Fundraiser	Lily Zhang	P	1st Year Representative	Aneet Grewal	P
	Emily Wong	R		Nghi Le	P
Advocacy	Manrubby Dhillon	P	Faculty Advisors	Dr. Kathy Seto	R
				Paulo Tchen	R

P – Present, **A** – Absent, **R** – Regrets, **L** – Late

1. Call to order at 12:03 PM PST: motioned by M.Dhillon, seconded by B.Buffone

2. Standing Business

2.1. Motion to adopt the minutes from November 11th, 2020: motioned by M.Dhillon, seconded by A.Jradi

3. New Business

3.1. CAPSI Corners Update (T.Dhadial, C.Ma, A.Jradi) - 8 min

3.1.1. Short articles on the winner of the award of professionalism (Randeep Dhillon), NTP (Nick Pang), OTC competition (Parisa Safavi), SLC (Blair MacDonald), and PIC (Parsa Shahbazi-Amin)

3.1.2. Sent out questionnaire to the 5 winners

3.1.2.1. 4 responses, waiting for NTP winner

3.1.3. Working on templates for instagram and facebook posts

3.1.3.1. Headshot, Year of program, Which competition/award they won, 3 general questions

3.1.4. Posts to be released on December 21st, 2020

3.1.4.1. Action Item: A. Jradi to get in touch with I. Di Trocchio to release posts (marketing)

3.2. Mental Health Initiative with PhUS (T.Dhadial) - 8 min

3.2.1. Tentative month: January

3.2.2. Mental Health Week: Bell Let's Talk (in January)

3.2.2.1. Action Item: C.Ma to look into past year's arrangements

3.2.3. QPR training, PositiviTea/Refreshments, Wall of Wellness

3.2.3.1. BCPhA already holds QPR training, so do not want to overstep their initiative

3.2.3.2. PositiviTea/Refreshments and Wall of Wellness not to be pursued as part of mutual decision by council due to other initiatives already being done

3.2.4. Mental Health Task force

3.2.4.1. Faculty led initiative - nothing to promote at the moment for this

3.2.5. CAPSI Advocacy initiative: new clinic on educating students on when to seek help from medical professionals in regards to their mental health

3.2.5.1. Advocacy group leads will get in contact with Gio (from PHuS)

3.2.5.1.1. Action Item: M.Dhillon to ask Advocacy group leads to cc T.Dhadial, C.Ma and M.Dhillon in the emails so they are kept in the loop, and mention that they are representing CAPSI

3.2.5.2. CAPSI's role will be to help advertise their event

3.3. Advice for Life - (T.Dhadial, C.Ma) - 5 min

3.3.1. Material has been released by CAPSI National

3.3.2. Local Deadline is February 1st, 2021

3.3.3. Action Item: T.Dhadial and C.Ma to get in touch with V. Carvalho about this event

3.4. Feedback on Recent Events - 15 min

3.4.1. PIC (J.Chen)

3.4.1.1. 2 contestants, 3 judges

3.4.1.2. What went well:

3.4.1.2.1. Competition went smoothly overall

3.4.1.2.2. Time slots worked well so participants did not have to wait very long

3.4.1.3. Improvements for next time:

3.4.1.3.1. 4 contestants signed up but 2 were no show

3.4.1.3.1.1. Next time, confirm attendance through email or text

3.4.2. SLC (B.Buffone)

3.4.2.1. 3 contestants originally submitted, but only 1 submitted by deadline

3.4.2.2. Extended the deadline so 2 submissions qualified overall

3.4.2.3. What went well:

3.4.2.3.1. Two submissions

3.4.2.4. Improvements for next time:

3.4.2.4.1. Hold event earlier (October) so that it doesn't coincide with busy November

3.4.2.4.1.1. Materials are released by National in mid-late October anyway so starting SLC before other competitions is something to consider

3.4.3. OTC (A.Grewal, N.Le)

3.4.3.1. 3 contestants (all showed up), 3 judges

3.4.3.2. What went well:

3.4.3.2.1. Ali judged live; other two graded through recordings

3.4.3.2.2. Timeslots helped

3.4.3.2.3. Sent email reminder on day of to confirm attendance

3.4.3.3. Improvements for next time:

3.4.3.3.1. Potentially increase number of contestants by advertising early or maybe making a video advertisement

3.4.4. NTP (E.Wong, L.Zhang)

3.4.4.1. 3 contestants

3.4.4.2. What went well:

3.4.4.2.1. Everyone showed up

3.4.4.2.2. Good feedback from audience

3.4.4.2.3. Script pre-planned by E.Wong and L.Zhang

3.4.4.3. Improvements for next time:

3.4.4.3.1. Potentially increase number of contestants

3.4.4.3.2. Online nature made it difficult to rope in contestants



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3.4.5. SEP Info Session/IPSF Info Session (T.Cheng, A.Sambrielaz)

3.4.5.1. What went well:

- 3.4.5.1.1. Great attendance: 24 signed up, 19 showed up
- 3.4.5.1.2. A.Sambrielaz shared her experience from IPSF (WHA)
- 3.4.5.1.3. Lots of Q/A following the presentation
- 3.4.5.1.4. Had some first year CAPSI signups happen right afterward

3.4.5.2. Improvements for next time:

- 3.4.5.2.1. Try to get someone with actual exchange experience to talk
- 3.4.5.2.2. Use this event to advertise for CAPSI membership - great advertising point

3.4.6. GSK Lunch and Learn: Voltaren (A.Jradi)

3.4.6.1. What went well:

- 3.4.6.1.1. More than 20 people attended (evening time slot helped with attendance)
- 3.4.6.1.2. Good relationship with presenters (lots of behind the scenes planning)
- 3.4.6.1.3. Flonase Preliminary Survey sent out already for Feb 2021

3.4.6.2. Improvements for next time:

- 3.4.6.2.1. Nothing for now

3.4.7. CAPSI Care Packages (M. Dhillon)

3.4.7.1. Held before December 2020 final exams

3.4.7.2. Only 8 people submitted

3.4.7.3. What went well:

- 3.4.7.3.1. Everyone got a prize: \$10 for top two and \$5 for rest

3.4.7.4. Improvements for next time:

- 3.4.7.4.1. Could do more activities in addition to meme posting such as a de-stress event, ornament making event, etc.

3.5. Reimbursement form submission (T.Dhadial) - 5 min

- 3.5.1. The Advocacy Committee has provided access to the Reimbursement Form to general CAPSI members (who are Advocacy committee members) through the Advocacy gmail account

3.5.2. There is a potential confidentiality issue since financial information is accessible to general council members

3.5.2.1. Action Items:

- 3.5.2.1.1. Advocacy Committee email to be removed from accessing the Reimbursement folder. Advocacy Chair's personal email address to be added instead.
- 3.5.2.1.2. Advocacy Chair to add to their Turnover Report that the incoming Chair will need to ask the new Senior or Junior to add their email address to the Reimbursement folder for access.
- 3.5.2.1.3. All reimbursements for the Advocacy committee are to be input by the Chair. General members are to forward their reimbursement requests and receipts to the Chair.
- 3.5.2.1.4. T.Dhadial to get in touch with R.Garg to see how the Community Outreach Committee does their reimbursements.

Roundtable - 5 min

Position	Update/Announcements
Senior Representative	<ul style="list-style-type: none"> Update on next semester's events: <ul style="list-style-type: none"> Will get in touch with V. Carvalho to start planning AFL competition Plan to hold PharmaFacts competition sometime next semester CAPSI-CSHP symposium planning is underway Working with National for webinar planning in lieu of PDW. So far, we are looking at holding COVID related talks in the second half of January, two talks on EcoAnxiety and EcoToxicity in February, and IPE and Medisca related talks in March. Logistics are being worked out.
Junior Representative	<ul style="list-style-type: none"> PAM (planning) <ul style="list-style-type: none"> To be held in March
Secretary	<ul style="list-style-type: none"> NTR
Treasurer	<ul style="list-style-type: none"> NTR
Vice-Treasurer	<ul style="list-style-type: none"> NTR
Sponsorship	<ul style="list-style-type: none"> NTR
Fundraising	<ul style="list-style-type: none"> NTR
IT Officer	<ul style="list-style-type: none"> NTR
Community Outreach	<ul style="list-style-type: none"> NTR
IPSF Liaisons	<ul style="list-style-type: none"> NTR
Advocacy	<ul style="list-style-type: none"> NTR
4 th Year Representatives	<ul style="list-style-type: none"> NTR
3 rd Year Representative	<ul style="list-style-type: none"> NTR
2 nd Year Representative	<ul style="list-style-type: none"> NTR
1 st Year Representative	<ul style="list-style-type: none"> NTR
Faculty Advisors	<ul style="list-style-type: none"> NTR



4. Reimbursements - 5 min

- 4.1. Motion to reimburse S.Padam \$90 for AGM raffle prizes: motioned by C.Ma seconded by J.Chen
- 4.2. Motion to reimburse M.Dhillon for \$25 for CAPSI CARE packages: motioned by A.Sambrielaz seconded by B.Buffone
- 4.3. Motion to reimburse Randeep Dhillon for \$10 for CAPSI CARE packages: motioned by A.Jradi seconded by J.Chen
- 4.4. Motion to reimburse Jasmin Jhaj for \$15 for CAPSI CARE packages: motioned by N.Le seconded by A.Jradi
- 4.5. Motion to reimburse T.Cheng for \$50 for SEP info session raffle prizes: motioned by J.Chen seconded by B.Buffone
- 4.6. Motion to reimburse T.Dhadial for \$65 for GSK Voltaren Lunch and Learn raffle prizes: motioned by A.Jradi seconded by A.Sambrielaz
- 4.7. Motion to reimburse T.Dhadial for \$248.58 for Textbook Sales related shipping costs and supplies: motioned by N.Le seconded by J.Chen
- 4.8. Motion to reimburse N.Le for \$105 for OTC judge gift cards: motioned by A.Sambrielaz seconded by A.Jradi
- 4.9. Motion to reimburse J.Chen for \$105 for PIC judge gift cards: motioned by B.Buffone seconded by C.Ma
- 4.10. Motion to reimburse B.Buffone for \$60 for SLC judge gift cards: motioned by A.Jradi seconded by J.Chen
- 4.11. Motion to reimburse E.Wong for \$45 for NTP raffle prizes: motioned by A.Grewal seconded by N.Le
- ~~4.12. Motion to reimburse C.Ma for \$58.04 for AoP plaque costs: motioned by A.Sambrielaz seconded by J.Chen~~

5. Payments - 5 min

- 5.1. Motion to pay Parsa Shahbazi-Amin \$250 for 1st place PIC prize: motioned by B.Buffone seconded by J.Chen
- 5.2. Motion to pay Mariah Hay \$75 for 2nd place PIC prize: motioned by A.Jradi seconded by A.Sambrielaz
- 5.3. Motion to pay Blair MacDonald \$250 for 1st place SLC prize: motioned by A.Sambrielaz seconded by J.Chen
- 5.4. Motion to pay Anmol Dosanjh \$75 for 2nd place SLC prize: motioned by A.Jradi seconded by S.Li



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- 5.5. Motion to pay Parisa Safavi \$250 for 1st place OTC competition prize: motioned by N.Le seconded by B.Buffone
- 5.6. Motion to pay Munny Pal \$75 for 2nd place OTC competition prize: motioned by A.Grewal seconded by S.Li
- 5.7. Motion to pay Anmol Dosanjh \$50 for 3rd place OTC competition prize: motioned by M.Dhillon seconded by N.Le
- 5.8. Motion to pay Nick Pang \$250 for 1st place NTP prize: motioned by A.Grewal seconded by T.Cheng
- 5.9. Motion to pay Celia Ma \$100 for 2nd place NTP prize: motioned by B.Buffone seconded by A.Jradi
6. **Adjournment at 12:44 PM PST: motioned by C.Ma, seconded by J.Chen**